

Youth UpRising  
IMMEDIATE JOB OPENING



Position Title: **Mental Health & Wellness Clinician**

Status: Full-Time (On-site) – 30 hrs – 40 hrs. (Flexible)

Salary: \$68K - \$72K Annually (hourly position)

Benefits: Youth UpRising offers a competitive benefits package, which includes 100% Employer-Paid Medical, Dental, Vision and Life Insurance Premiums. PTO, 401(k) and Flex Plans also offered

### **About Youth UpRising**

Our mission is to transform East Oakland into a healthy and economically robust community by developing the leadership of youth and young adults and improving the systems that impact them. Located in the heart of East Oakland, YU is a neighborhood hub offering young people services and programs to increase physical and mental wellbeing, community connection, educational attainment, and career achievement among youth members.

YU serves youth, ages 14 – 24 who reside within Alameda County, and the majority of our youth served reside in East Oakland, California. The demographics of the population we serve are system-involved youth from who identify as the African American and LatinX and who live in urban and underserved communities. Also, they have generations of family members who reside in these same underserved areas as well. The youth need extensive and ongoing mental health and wellness therapy, case management and academic counseling.

It is our goal hire staff who have the cultural competency experience, have lived experience and who have served the aforementioned communities.

### **Mental Health Clinician - Position Summary**

The Mental Health Clinician will provide comprehensive and culturally accessible mental health services to youth ages 14-24. This position requires a commitment and dedication to the community at large and a passion for working with inner city youth. The therapist serves a diverse population of youth, supporting the fulfillment of the mission and vision of Youth UpRising within our core operating values.

### **Primary Responsibilities**

#### *Direct Services and Programming*

- Provide individual, family, and group therapy utilizing a variety of theoretical orientations.
- Provide community member wellness checks and drop-in clinical support.
- Deliver services according to TAY WELLNESS program contract program contract with Alameda County.
- Provide crisis intervention and milieu therapy.

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- Assess mental health needs; develop and implement treatment plans containing goals that are mutually agreed upon.
- Update and evaluate the effectiveness and appropriateness of treatment plans.
- Advocate for young people as they navigate the educational, justice, and other systems.
- Participate in multidisciplinary case conferences and other forums where consultation on adolescent and young adult mental health issues are provided.
- Participate in outreach activities in order to promote mental health services.
- Support in-service trainings for non-clinical staff.
- Participate in center-wide programming, events, activities, and retreats.
- Maintain documentation requirements and data tracking standards (CANS/ANSA-T, progress notes etc.).
- Coordinate services with case management.

### *Partnerships*

- Support opportunities for collaborations with other YU departments.
- Partner with Children's Hospital of Oakland/Castlemont Clinic Wellness, to support the overall wellness of YU members.
- Support coordination of services among mental health and other providers through collaboration and consultation.
- Act as liaison to Castlemont Community, OUSD and Alameda County as needed.

### **Qualification Requirements**

- **MENTAL HEALTH EXPERIENCE**- Minimum 4 years' experience working as a mental health therapist, including experience working with inner city youth. Eligible to gain license. Masters' degree in psychology, social work, counseling or a related field.
- **FIELD KNOWLEDGE** - Knowledge of Alameda County community agencies and resources for adolescents and families is a plus.
- **MOBILITY** including reliable transportation, a valid California Driver's License and current automobile insurance.
- **AVAILABILITY** for some evening and weekend work.
- **BILINGUAL** Spanish/English speaker is a plus.